



#### **HCE** Connection

Manitowoc County Association of Home and Community Education

# December 2019-January 2020

#### President's letter...

Winter is upon us and if this is any sign of what is to come by the early results need to get warm and toasty until May. Guess that is what we get for living in Wisconsin.

I am so impressed and amazed at all of our members who braved the snow on November 6th and enjoyed the Manitowoc County Fall Association meeting. Pat and I were nervous when the weather kept saying snow, snow, snow but we showed Mother Nature. We were serenaded by 4 very nice men and raised over half of a scholarship for the year. Shared some laughs and got updates on things that have happened this fall with our HCE organization both near and far and getting things started for next year's programs.

Wisconsin HCE state conference was held in Manitowoc on September 16-18th. Our county ran the tours on Monday and all went well. Some members are planning on weekend trips with their husbands to show off our communities. Had many helpful and interesting sessions to learn new things. Meeting up with old friends and making the new ones is usually the best part. Next year is in Hudson which is far but will be worth the trip.

Craft Fair made cloth pin angels and scarecrow people and I learned I can be crafty when others are around. Our International presentation was on Singapore and so many things were learned. Thanks to Nancy for setting this up for us this year. We need an International Chair for our county and it is a great way to share your talents and ideas with all. Being a chairperson or on the County Board is another way to keep our group going. New people bring new ideas and that is what makes it all worth it. A few hours a month is all it takes and sometimes we have a good laugh and fun along the way. Contact myself with any questions.

I have an item finished for the Cultural Arts program and am working on some more. So many of you have abilities that I could not even imagine to have. Makes me look forward to the Salad Supper every year to see the array of items there. Thanks to Judy and Maxine for all they do to put that together.

Putting the final touches on the 2020 programs together. Remember our Community Outreach presentation will be on Wednesday January 8th at 1 PM at the Extension office. Program books will be available for pick up too. Hope to see everyone there. Until then, hope everyone has a safe start to winter, Happy Thanksgiving, Merry Christmas, Happy Hanukah and Happy New Year.

Amy Kohlman

Manitowoc County HCE President

# DATES TO REMEMBER

Wed. Jan.8th	Community Outreach Presentation- TBA Extension, Manitowoc County, Room 300 1:00 PM
Tues. Jan.28th	Manitowoc County HCE Board Meeting Extension, Manitowoc County, Room 111 1:00 PM
Wed. Feb. 5th	Study Focus: Meeting The Challenges of Life Changing Events Extension, Manitowoc County, Room 300 1:00 PM
Wed. Mar. 4 <sup>th</sup>	Study Focus: Beans, Corn, and Zucchini-Oh, My! Extension, Manitowoc County, Room 300 1:00 PM
Tues. Mar. 24 <sup>th</sup>	Manitowoc County HCE Board Meeting Extension, Manitowoc County, Room 111 1:00 PM

#### FYI

2020 Program Books: Will be available for pick up at the January 8th,

Community Outreach Project presentation.

Membership Packets: Please complete all of the paperwork in your

membership packets and mail to

Phyllis Hickman

PO Box 105, Cleveland, WI 53015

# Community Outreach Project

Date: Wednesday, January 8th

Time: 1:00 PM

Location: Extension, Manitowoc County Office

Room 300

Description: TBA



## Meeting the Challenges of Life Changing Events

Date: Wednesday, February 5th

Time: 1:00 PM

Location: Extension, Manitowoc County Office,

Room 300

Presenter: Lylene Scholz

Description: Our presenter will be HCE member Lylene Scholz. She did this presentation at a workshop for the State Conference this past year. What are some things that happen to us physically, mentally, and emotionally when we experience life changing events? Lylene will share some such events and suggest tips to help us live positively with these new changes.

### Beans, Corn, and Zucchini-Oh, My!

Date: Wednesday, March 4th

Time: 1:00 PM

Location: Extension, Manitowoc County Office,

Room 300

Presenter: Mary Rief, longtime vendor at

Manitowoc Farmers Market

Amber Daugs, Chief Executive Officer of "Grow It Forward"

Description: Mary will share insight into what it takes to be a vendor at the Manitowoc Farmers Market. Amber will stress the importance of a local farmers market. They both want everyone to share their enthusiasm for fresh vegetables and colorful flowers.

#### Let's Talk Stress and Resilience

Date: Wednesday, April 1st

Time: 1:00 PM

Location: Extension, Manitowoc County Office

Room 300

Presenter: Amanda Taylor, Clinical Therapist,

Holy Family Behavioral Health

Description: We have all experienced stress. Did you know that not all stress is bad? Join us and possibly share how you have become resilient to the stresses in your life.



### Fall Association meeting

On a snowy Wednesday, November 6th our Manitowoc County Fall HCE Association meeting was held. Thank you to all who came, and almost everyone did. We learned about our State Conference that was held in Manitowoc in September that went well. Our Fall District meeting had been held and several new officers were sworn in including our District Director and new Secretary. We learned that Calumet County will be continuing with HCE as they have found a new Co-President to continue their group for the future. We were serenaded by four young men that had many singing and laughing for the afternoon. We had our White Elephant sale and raised money for our scholarships for this upcoming year. Plans are currently being made for next year's Association Meeting, by the South Center.

Submitted by: Amy Kohlman

### Marketing and Membership

Six Ways to Encourage HCE Membership

- 1 Talk up HCE, invite friends, relatives and neighbors to HCE Events
- 2 Wear your HCE pins and clothing to our Study Focus Programs
- 3 Put out HCE literature at meetings.
- 4 Continue making chemo hats and baby caps and all the other projects
- 5 Put announcements about HCE Meeting in the various local newspapers.
- 6 Think of other projects to promote HCE and share them.

Submitted by Shirley Oswald



#### **WAHCE State Conference**

September 16th-18th was an exciting time for Manitowoc as we helping Northeast District host the WAHCE State Conference. Tours on Monday were organized and run by our County and went quite well. Several members were making plans to return with their families to revisit some sites and others in our Community. Many lessons were given and good ideas shared. We met up with old friends and made new ones like attendees do every year. Getting to review the displays of other counties to see how they all spread the HCE word is a good starting point for us to reach out for us. Next year's conference is in Hudson, WI September 21st-23rd thus having us move our County Board meeting for that month for us to attend. Hope to see many of you there next year.

Submitted by: Amy Kohlman

#### **Cultural Arts**

Eighteen Members participated in the September workshop, where we assembled scarecrow men and clothespin angels. Maxine worked with the angels and did a great job in hauling in pre-made for all to use. Next fall we will be making potato bead necklaces and an ornament. If anyone has any ideas for the workshop please give me a call. The state convention at the Holiday Inn was fantastic. I had the opportunity to work with the judges for the cultural arts competition. I am proud of all the entries that Manitowoc County HCE showed.

Marilyn Maples (Zander/Maribel) craft cards mixed 1st

Nancy Oehldrich (Edwards) Lap/Baby Quilt 2nd

Carol Voelker (Zander/Maribel) Sewing/Purse 1st, Pieced Bed Quilt 3rd

Maxine Granfors (Zander/Maribel) Dyed silk scarf 1st Margie Schlegel (Zander/Maribel Crafted Shadow Box 1st Marge Henrickson (Zander/Maribel) Crocheting/hat 3rd Jan Shramm(Zander/Maribel) Watercolor painting 1st Jackie Downing (Riverview) Sewing/Mittens 2nd Judy Yanda (Zander/Maribel) counted cross stitch 3<sup>rd</sup>, Tied Bed Quilt 1<sup>st</sup>, Black and White Photography 1<sup>st</sup>

Thank you to all who entered. We are all talented in so many ways. Don't be afraid to share your talents or ideas with others. It looks like a long cold winter. Start you project now and encourage your club member, friends to do the same. May 6, 2020 will be here soon!

Submitted by: Judy Yanda

#### Stitches of Love

Thank you to all the sewers. Carol Voelker has been busy sewing pillowcases using her extra quilting fabrics and many kits from our Extension office. There are 30 kits available for anyone to sign out and return at a later date.

Julie Meier made 87 lap robes, Marge Henrickson and Shirley Oswald will take these and cancer hats to area hospitals and local nursing home. Joann Hildebrandt from new Holstein has also made an abundance of crocheted cancer hats for us. We were completely out of all hats this last fall. Marge Henrickson gave her state entry to a cancer recovering victim, with the matching lap robe. If you know of anyone that is in need of hats or a lap robe, please give me a call.

We are again accepting sheets and pillowcases to be made into blanklettes and little dresses to be sent to Nicaragua and Africa. All the sewing supplies, yarn and yard goods are also welcome and can be dropped off at the Extension office. I will be making up dress kits and have them at the office. Many Thanks to Ann DeMark for all the Knocker she has made for Mastectomy patients. Adela Reinbolt and I are working on book bags for 2020.

Again, THANK YOU, THANK YOU, THANK YOU to all of you! Go out and do something good for someone today

Submitted by: Judy Yanda

#### HCE Spice It Up Food Drive

Salvation Army recently notified FoodWlse that they had a lot of lentils, but few people knew how to prepare them. We created this display (see insert) at Salvation Army featuring a brochure with recipes for lentils and donated jars of spices to help pantry shoppers make these recipes at home.

Although they had lots of lentils, Salvation Army had no spices on their shelves at all. Plain lentils are pretty dull. Thanks to the HCE Spice it up food drive, the pantry shoppers are better able to cook a delicious meal at home.



Thank you, HCE members, for making this project possible!

Submitted by: Laura Apfelbeck

#### International Program Review

Thank you to Kathy Bohan for sharing her insight into living in Singapore for several years. Her 2 children were born on this modern island nation between India and China. It is a densely populated country with a very hot climate year round and lots of rain. The country has a zero tolerance for crime.

Thirty one HCE members and six guests attended this program on Saturday, October 5th.

Submitted by Nancy Oehldrich



## Pat Hartman 85, 7-10-2019 "Family Pride" Bernice Palazzo 92, 7-10-2019 "School Hill Homemakers

#### 2020 Newsletter Deadlines

Newsletter Edition	Due Date at Extension, Manitowoc County
February / March - 2020	January 3 <sup>rd</sup>



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