



HCE Connection

Manitowoc County Association of
Home and Community Education

February-March 2022

President's letter...

Well, winter had come in for sure but could have been much worse so far. Like to have some white to look at if going to be so cold at least, just not 6 or 10 inches at a time.

As you know, do to some weather and last minute scheduling conflicts, the January Community Outreach presentation by Amy Wiza with Wisconsin Nicaragua Partners was moved to February to be done with the Farming: It's More than Meats the Eye to follow after by our own Jackie Downey. Please try to attend to learn about our programs for the year.

I am aware of the continued Covid issues in the community and county and country. Working in health care is tough at this time and gives different perspectives but we WILL get through this. The world going forward is going to be different just like after other events, Spanish flu of 1918, Pearl Harbor and September 11th. Normal may never be the same but we do have to adjust and live as much as we can. If you have any concerns about events or attending them, please feel free to contact myself and we will work to see how we can make everyone more comfortable and safe.

Please remind your children, grandchildren or even great grandchildren the HCE scholarships are available for them to apply for. Deadline for all the applications is April 1st. Scholarship forms are available on our Manitowoc County Extension Website and you can get a hard copy at the office by contacting Kendra.

Program books have been sent to Club Presidents and individuals have been mailed out or dropped off at their homes. As you may notice, we have lost 3 clubs this year. I am sad to see this happen but understand as our members are getting older and unfortunately, Covid, were reasons for some to not want to continue. Several members are continuing as individual members

and we are so happy to see that. Because of this happening, we have made the decision to go to 3 Centers for the county. Individual members make up over a third of our members now and are glad to see so many continuing and hope they will help out for events and all our programs.

Amy Kohlmann
Manitowoc County HCE President

DATES TO REMEMBER

Tues. Jan.25th	Manitowoc County HCE Board Meeting Extension, Manitowoc County, Room 302 1:00 PM
Wed. Feb. 2th	Community Outreach: Wisconsin Nicaragua Partners and Farming: It's More than Meats the Eye Manitowoc County Complex, Room 300 1:00 PM
Thurs. Mar. 3rd	Study Focus: Let's Talk Stress and Resilience Extension, Manitowoc County, Room 300 1:00 PM
Tues. Mar. 22rd	Manitowoc County HCE Board Meeting Extension, Manitowoc County, Room 302 1:00 PM
Wed. April 1 st	HCE Student and Adult Scholarships Deadline
Wed. April 6 th	Study Focus: Eat, Sleep and Move: The 50+ Immune System, Manitowoc County Complex, Room 300 1:00 PM
Wed. April 20 th	North East District Spring Meeting Rendezvous of Luxemburg, E896 Cty Road N Meeting: 9:00AM
Wed. May 4 th	Spring Salad Supper First Reformed United Church of Christ 3613 Waldo Blvd., Manitowoc Register: 4:30PM Dinner: 5:30PM

Community Outreach 2022

Date: February 2nd, 2022

Time: 1:00 PM

Location: Extension, Manitowoc County Office,
Room 300

Presenter: Amy Wiza, Director of WI Nicaragua
Partners of the Americas



Description: Amy will be sharing how WI Nicaragua Partners have expanded beyond the sewing centers to include cooking, hair styling and even basic mechanics for men to help with their family support. If you have items to donate also bring them for Amy to take with her to Steven's Point.

2022 Study Focus

Farming: It's More than Meats the Eye

Date: Wednesday, February 2nd

Time: 1:00 PM after Community Outreach

Location: Extension, Manitowoc County
Office, Room 300

Presenter: Jackie Downey, Farm wife and
HCE member

Description: Jackie will be sharing her passion for their farm in today's environment and how they use their land and animals for more.



Let's Talk Stress and Resilience

Date: Thursday, March 3rd
Time: 1:00 PM
Location: Extension, Manitowoc County
Office



Room 300
Presenter: Amanda Taylor, Clinical Therapist,
Holy Family Behavioral Health
Description: We have all experienced stress. Did you know that not all stress is bad? Join us and possibly share how you have become resilient to the stresses in your life.

2022 Community Outreach

We will be having our presentation on February 2nd from Amy Wiza about how Wisconsin Nicaragua Partners have expanded beyond the sewing centers. They are now supporting cooking, hair styling and even some basic mechanics for the men. We will have updated list of items they are sending which is why Amy missed January. She was preparing 3 shipments that became available to be sent out and was unable to attend our January date. Come see all that has been added to the group. Items we know are needed are fabric in > 1 yard measurements, sewing materials, new or gently used baking or cooking pans, utensils, or dishes. Hair items are combs, brushes, curling irons, hair dryers and items for cutting or styling hair. Basic tools like hammers, screwdrivers and tools are needed.

Thanks again for your support, Cindy Christianson

Reading Buddies

After reconsidering the current levels of the Covid virus and variants, Reading Buddies has been post postponed for the rest of this school year. Please keep it in mind for next year to be a reader for our group. Contact Linda Verlinden for any questions or details.

Cultural Arts

Keep working on your projects. I will be excited to see how many new crafts the virus has produced. The Cultural Arts form will be available at Focus Studies and can be found on our State Website at www.wahceinc.com or contact Judy Yanda or Amy Kohlmann. Forms would be due to Judy by April 18th.

Submitted by Judy Yanda, Cultural Arts co-chairperson

Stitches of Love

Our sewers have been busy lately. Twenty lab robes were just sent out to local nursing homes and they will be sending pictures of the clients receiving them. Many dresses and quiltettes are ready to go out to Africa at the end of the month when they have their pancake breakfast at St. Francis of Assisi parish. We have many different projects and some do not need sewing skills. People are needed to help sort items and doing the cutting and ironing of items. Please contact Judy if would like to help.

If anyone is interest in sewing any of our projects, please call or text me and I will get kits or materials to you. Contact Judy Yanda at 920-609-4076. Keep gathering sewing materials and we will do something nice for others.

Scholarships

The Manitowoc County HCE scholarship information will be available after January 1st. Applicants need to have a family member who is a current HCE member. The due date is April 1st, 2021 for the applications and recommendations. Winners will be notified prior to the Spring Salad Supper in May and are asked to attend the Salad Supper. Applications can be obtained on the following website, www.wahceinc.com, under click on Contacts to get to the Manitowoc County site.

 *In Loving Memory!* 

<i>Elsie Krajnik, 88, 12/23/2021 Mishicot Sunset Club</i>	<i>Annette Holtz, 84, 12/23/2021 Manitowoc Cty Homemakers</i>
<i>Evelyn "Evie" Steeber, 93, 1/7/22 Kellnersville Homemakers</i>	<i>Virginia Brey, 92, 1/8/2022 Gibson Homemakers</i>
<i>Jean Eis, 87, 1/7/2022 Mishicot Homemakers</i>	<i>Sally Campbell, 1/14/2022 Zander-Maribel Club</i>

2022 Newsletter Deadlines

<u>Newsletter Edition</u>	<u>Due Date at Extension, Manitowoc County</u>
<u>April/May 2022</u>	<u>March 2nd</u>

Correction to 2022 Program Book

Page 2- Phyllis Hickman email address is
hickmannphyllis@gmail.com.

Page 5- HCE Committee Chairs

Jan Siewert correct phone number is 755-4441.

Page 3- Ellen Stecker, President of Cato Hilltoppers

Phone number is 920-242-8476

10 Cup Cookies

1 cup softened butter	1 tsp baking soda
1 cup creamy peanut butter	½ tsp baking powder
1 cup sugar	1 cup quick oats
1 cup packed brown sugar	1 cup coconut
2 eggs room temperature	1 cup pecans/walnut
1 cup flour	1 cup raisins
	1 cup chocolate chips

Mix peanut butter, butter and sugars until blended. Add eggs beaten in.

Whisk flour, baking soda, baking powder and then gradually add to mixture.

Stir in coconut, quick oats, nuts chocolate chips and raisins.

Bake 350 degrees for 12-15 minutes. Cool on rack for 5 minutes.

Submitted by Amy Kohlmann. Got from my grandmother years ago and not sure where originally from.



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