

## HCE Creed

We, the homemakers of Wisconsin, believe in the sanctity of the HOME, the cradle of character, blessed by motherly devotion and guarded by fatherly protection.

We pledge ourselves:

to work for the preservation and improvement of home and community life;

to strive for healthier minds and bodies and better living;

to promote the welfare of our boys and girls, the nation's greatest asset;

to be true to God and country and of lasting service to our homes and communities.

*~ Mrs. John Meese, Sauk County*

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## HCE Prayer

Dear God, give us the grace to see the blessings  
which have come from Thee;

Give us the strength to do our duty,

To see in everything some beauty,

Teach us that love and cheerful giving,

Tolerance and decent living;

Make of our home a place sublime, where there's

No room for hate or crime, a place where

Good friends gather round;

Where laughter mirth and cheer abound.

Not selfish thoughts nor worldly greed;

Let this, dear Master, be our Creed.

*~ Mrs. John M Hutton, St. Croix County*

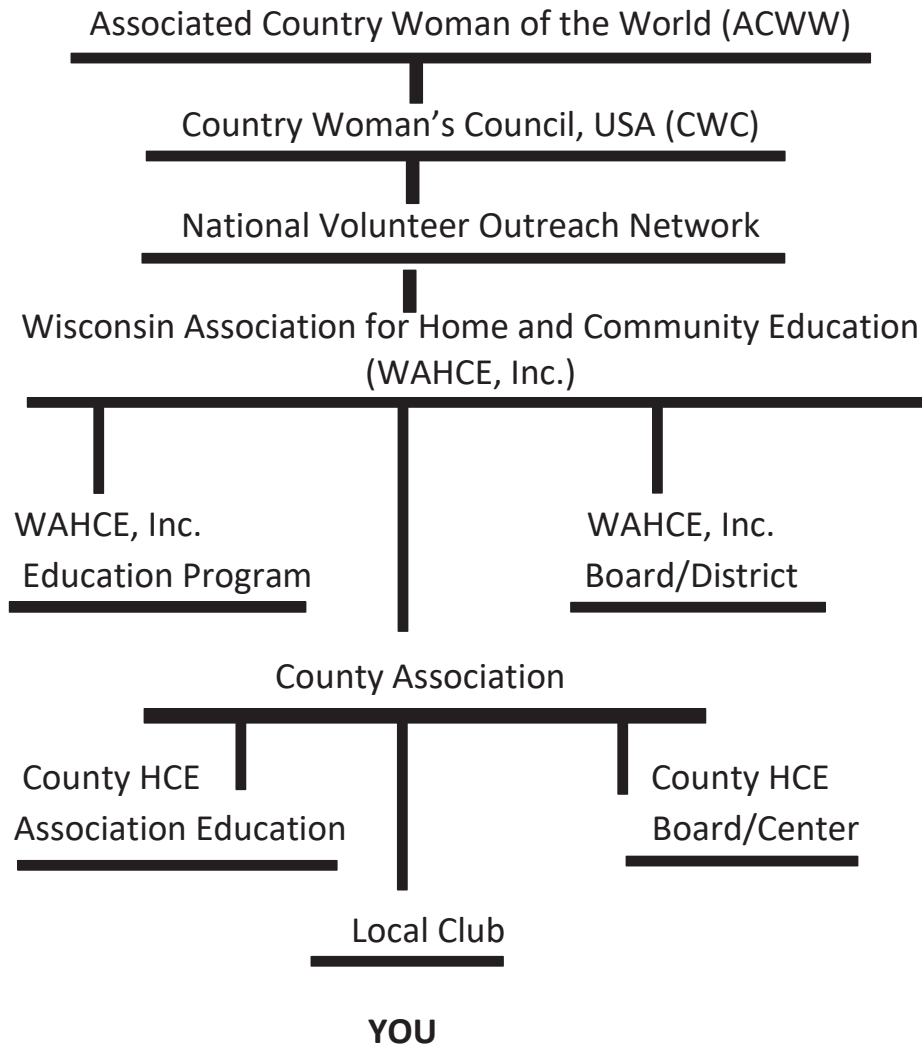
# HCE & Extension, Manitowoc County

Building Community Together for Tomorrow



**2022 PROGRAM BOOK**

# This is **YOUR** Organization



**Are the Foundation on which we build!**

State Website  
[www.wahceinc.com](http://www.wahceinc.com)

Share:

Participate in educational sessions  
 Share information gained at study focus meetings with other members  
 Pool experiences to solve family and community problems

Grow:

Meet new people, Make new friends  
 Develop personal talents and Improve leadership skills

**2022**

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## 2022 County Newsletter Deadlines

Newsletter Date	Due Date at Extension, Manitowoc County
February / March	January 5th
April / May	March 2nd
August / September	July 3rd
October / November	September 1st
December / January	November 3rd

### Manitowoc County Association for Home and Community Education

This is a non-profit, educational, and service organization. Membership is open to all individuals without regard to race, sex, color, ethnic background, residences or economic circumstances.



HCE offers opportunities to:

Learn:

Attend county educational programs and activities

Attend district meetings and the state conference

Receive information via a county newsletter, state website, and a quarterly state magazine

## Manitowoc County HCE Association Officers

<p><b>President 2021-2022</b></p> <p>Amy Kohlmann (920) 682-7634 (920) 901-5068 akohls24@yahoo.com 5424 Michigan Ave Manitowoc, WI 54220</p>	<p><b>Secretary 2021-2022</b></p> <p>Linda Verlinden (920) 683-3432 verlinden@comcast.net 3933 Indian Bluff Dr Manitowoc, WI 54220</p>
<p><b>Vice President of Programming 2022-2023</b></p>	<p><b>Treasurer 2022-2023</b></p> <p>Phyllis Hickman (920)693-8522 phickmann@tds.net P.O. Box 105 Cleveland, WI 53015</p>
<p><b>Vice President of Family &amp; Community Life 2022-2023</b></p> <p>Cindy Christianson (920) 775-4010 1810 Marken Rd Valders, WI 54245 svfarms@tm.net</p>	<p><b>Manitowoc County HCE Board Meeting Dates:</b> <b>January 25th</b> <b>March 22th</b> <b>June 28th</b> <b>September 27th</b> HCE Board meetings are at 1:00PM the Manitowoc County Office Complex Room 302</p>

## Center Chairs 2022-2023

North Center	East Center
<p>Eileen Fictum (920) 776-1644 7218 North Lake Rd Maribel, WI 54227 <a href="mailto:efictum@tds.net">efictum@tds.net</a></p> <p>Jan Schramm (920) 323-7007 1911 Barthels Rd Two Rivers, WI 54241 <a href="mailto:Mamajanfive@tm.net">Mamajanfive@tm.net</a></p>	<p>Peggy Neuser (920) 973-2836 3824 MacArthur Dr Manitowoc, WI 54220 <a href="mailto:peggyneuser@icloud.com">peggyneuser@icloud.com</a></p>
	West Center
	<p>Pat Broecker (920) 901-8953 205 A Oakwood Dr. Manitowoc, WI 54230 <a href="mailto:pbroke@charter.net">pbroke@charter.net</a></p>

## Center Responsibilities

### For Year 2022

Spring Association Meeting & Salad Supper.....West & North Centers

Fall Association Meeting.....East Center

### For Year 2023

Spring Association Meeting & Salad Supper.....West & East Centers

Fall Association Meeting.....North Center

### For Year 2024

Spring Association Meeting & Salad Supper.....East & North Centers

Fall Association Meeting.....West Center

## WAHCE Newsletter Subscription

A subscription to the state" HCE newsletter, "Update" is \$8.00 per year or \$15.00 for a two-year subscription. It provides readers with information from all the WI counties with an HCE Program. If you are interested in a subscription, please send your name, address, telephone number, county of membership and fee to: **Marcelline Protheroe, N6131 22<sup>nd</sup> Dr. Wild Rose, WI Please make checks payable to: WAHCE, Inc.**

## Manitowoc County "HCE Connection" Newsletter

All club and individual members are invited to submit newsworthy articles for the HCE Connection newsletter. These can be sent at any time during the year. All submittals must be electronic. If you need assistance or access to a computer, please contact the Extension, Manitowoc County office. Written permission must be obtained for use of all recipes and other copyrighted material.

### **Creative Craft Fair**

**Date:** Wednesday, September 7<sup>th</sup>

**Time:** 1:00 PM

**Location:** Manitowoc County Office Complex, Room 300

**Activities:** Judy and Eileen are working on the ideas and will have more information in newsletters to come

### **WACHE State Conference**

**Date:** Monday- Wednesday, September 19<sup>th</sup> – 21<sup>st</sup>

***“Rolling on the River”***

**Location:** Onalaska, WI

### **International Program**

**Date:** Wednesday, October 5<sup>th</sup>

**Time:** 1:00 PM

**Location:** Extension, Manitowoc County Office, Room 300

**Description:** We are working with several people and will get final details in future newsletter.

### **NE District Fall Association Meeting**

**Date:** Thursday, October 13<sup>th</sup>

**Registration:** 8:30AM

**Meeting:** 9:00AM

**Location:** Kellnersville Bar and Banquet

1233 Main Street, Kellnersville, WI

Manitowoc County is hosting and future newsletters for club duties will be included.

### **Fall County Association Meeting**

**Date:** Wednesday, November 2nd

**Registration:** 9:00AM / Meeting: 10:00AM

**Location:** Rick's Gills Bar and Grill

231 East Menasha Ave, Whitelaw, WI

### **Centers & Clubs 2022**

#### **West Center (Whitelaw/Reedsville/Valders Areas)**

Cato Hilltoppers

Riverview

Ever Readies

#### **North Center (Maribel/Two Rivers/Mishicot Areas)**

Zander/Maribel

#### **East Center (Manitowoc Areas)**

Rockwood

Riverwood

Edwards

### **2022 Club Presidents**

Cato Hilltoppers	Ellen Stecker	920-732-3753
Edwards	Nancy Oehldrich	920-693-8721
Ever Readies	Joyce Lulloff	920-726-4731
River Road	Peggy Neuser	920-973-2836
Riverview	Patricia Broecker	920-901-8953
Rockwood	Mary Reif	920-755-2654
Zander/Maribel	Judith Yanda	920-609-4076

### **Need to Contact the Extension, Manitowoc County Office ?**

Kendra Mahuna

920-683-4167, [kendra.mahuna@wisc.edu](mailto:kendra.mahuna@wisc.edu)

Located at 705 Viebahn St., Room 122, Manitowoc, WI

Monday-Thursday 9:00am-2:30pm

### My Local Club Officers

<b>President:</b>
<b>Vice President:</b>
<b>Secretary:</b>
<b>Treasurer:</b>

### Annual Dues

Annual club dues are \$13 per club member which includes \$1 for state dues, \$11 for county dues, and \$1 for East District dues. The annual dues need to be paid to the County Association Treasurer by December 1st. This State Dues are lower for another year which will help us recover some of our Scholarship funds for the last few years.

### Pennies for Friendship

"Pennies for Friendship" is a way that HCE takes an active part in WAHCE and ACWW projects to promote world friendship and understanding. Members have a chance to contribute at every meeting. Twenty-five percent of the money collected stays in Wisconsin and 75 percent goes to help the most urgent needs of those in other parts of the world.



### North East District Spring Meeting

**Date:** Wednesday, April 20<sup>th</sup>

**Registration:** 8:30 am

**Meeting:** 9:00 am to 2:30 pm

**Location:** Rendezvous of Luxemburg  
E896 County Rd N, Luxemburg, WI



### Cultural Arts Judging

**Date:** Tuesday, May 3<sup>rd</sup>

**Time:** During day with Cultural Arts chairs

**Location:** Extension, Manitowoc County Office, Room 300

### Spring Salad Supper

**Date:** Wednesday, May 4<sup>th</sup>

**Registration:** 4:30 PM/ **Dinner:** 5:30PM

**Location:** First Reformed United Church of Christ  
3613 Waldo Blvd., Manitowoc. WI



### County Fair Nitrate Water Testing

**Date:** August 24<sup>th</sup>-28<sup>th</sup> during County Fair

**Location:** 4921 Expo Dr, Manitowoc, WI

For more information and to volunteer, contact Shirley Oswald at 920-682-4234 or sign up at Salad Supper.

## March Focus Lesson

### Let's Talk Stress and Resilience

**Date:** Thursday, March 3rd

**Time:** 1:00 PM

**Location:** Manitowoc County Office  
Complex, Room 300

**Presenter:** Amanda Hartwig,

Clinical Therapist, Holy Family Behavioral Health

**Description:** We have all experienced stress. Did you know that not all stress is bad? Join us and possibly share how you have become resilient to the stresses in your life.



## April Focus Lesson

### Eat, Sleep, and Move: The 50+ Immune System

**Date:** Wednesday, April 6th

**Time:** 1:00 PM

**Location:** Manitowoc County Office Complex  
Room 300

**Presenter:** Amy Kohlmann with assistance

**Description:** We will learn about the Six Pillars of Brain, Body and Mind health for our bodies. We will learn about the risk factors and different ways to booster our immune system ourselves. MIND diet and other activities and methods will be shared.



## 2022 HCE Committees

### Cultural & Textile Arts

Judy Yanda	920-609-4076	6131 Old Y Maribel, WI 54227 <a href="mailto:judith.yanda@yahoo.com">judith.yanda@yahoo.com</a>
Maxine Granfors	920-776-1087	3302 W. Zander Rd Denmark, WI 54208

### Reading Buddies

Linda Verlinden	920-683-3432	3933 Indian Bluff Dr. Manitowoc, WI 54220 <a href="mailto:verlinden@comcast.net">verlinden@comcast.net</a>
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### Newsletter

Jan Siewert	920-775-4441	3207 Mero Drive Manitowoc, WI 54220 <a href="mailto:jansie0517@gmail.com">jansie0517@gmail.com</a>
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### Scholarships

Marge Henrickson	920-755-4457	8333 North Sunset Drive Two Rivers, WI 54241 <a href="mailto:rmhenrickson@gmail.com">rmhenrickson@gmail.com</a>
Mary Ann Rabitz	920-901-3357	16314 Rabitz Rd Mishicot, WI 54228 <a href="mailto:bunnyrabitz@gmail.com">bunnyrabitz@gmail.com</a>

### Stitches of Love

Judy Yanda	920-609-4076	6131 Old Y Maribel, WI 54227 <a href="mailto:judith.yanda@gmail.com">judith.yanda@gmail.com</a>
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**Positions still Available, International, and Marketing &**

**Membership and VP of Programming!!**

**CHANGE**  
STARTS HERE.  
CAN WE COUNT YOU IN?



## Monthly Study Focus

Study Focus meetings are designed to enrich members. Club leaders attend the study focus and meeting and then take the information back to their club and share. The teachers will receive subject matter information and techniques to show them present the material. The subject information comes from the Presenters and other research-based resources and is current and reliable.

Each study focus is presented at 1 PM at the Manitowoc County Office Complex, MCOC, unless otherwise noted. Please contact your club president to make a reservation at least 1 week before the date of a study focus program if you would like to attend. The Club President will call the Center Chair, and they will contact either Amy Kohlmann or Kendra at the office with numbers. Individual members can call any of the center chairs within their area with reservation requests.



## Community Outreach 2022

**Date:** January 5<sup>th</sup>, 2022

**Time:** 1:00 PM

**Location:** Extension, Manitowoc County Office,  
Room 300

**Presenter:** Amy Wiza, Director of WI Nicaragua  
Partners of the Americas

**Description:** Amy will be sharing how WI Nicaragua Partners have expanded beyond the sewing centers to include cooking, hair styling and even basic mechanics for men to help with their family support. If you have items to donate also bring them for Amy to take with her to Steven's Point.



## February Focus Lesson

## Farming- It's More than Meats the Eye

**Date:** Wednesday, February 2nd

**Time:** 1:00 PM

**Location:** Extension, Manitowoc County Office,  
Room 300

**Presenter:** Jackie Downey Farm Wife and HCE member

**Description:** Jackie will be sharing her passion for their farm in the today's environment and how they use their land and animals for more.

