

FOODWISE MID-YEAR

IMPACT REPORT



Extension

UNIVERSITY OF WISCONSIN-MADISON
MANITOWOC COUNTY



Wisconsin's SNAP-Ed program, known as **FoodWise**, helps children and families make healthy choices every day. Through **hands-on lessons** in schools, community spaces, and farmers markets, we make healthy eating and active living easier. FoodWise supports families with limited income across Wisconsin by **building partnerships** with schools, food retailers, and community organizations to **increase access to healthy foods**. FoodWise helps connect families with local foods and support Wisconsin farmers.



HeartCorps member Sue Koeppel hosts a pop-up blood pressure check at the Manitowoc Public Library

RECENT

PROJECTS



Head Start Nutrition Education: Taught a 5-lesson series to all Head Start classes in Manitowoc and Two Rivers, served on the Head Start Health Advisory Committee. Partnered with Head Start to offer family newsletter materials.



The Big Apple Project: Increasing healthy local food access through a Feeding America Eastern Wisconsin grant funded project to harvest apples at Door Co Peninsular Research Station and distribute to food pantries. Currently offering to pantries in Manitowoc, Kewaunee, and Door. So far 6 pantries on board!



Libraries with a Heart: HeartCorps member Sue Koeppel organized and distributed blood pressure kits for free checkout at public libraries in rural communities including Two Rivers & Manitowoc. Kits include resources for delicious, heart healthy meals.



StrongBodies Exercise Classes: FoodWise and HeartCorps together offered 8-week strength-building exercise classes with nutrition information for people with disabilities at Ascend Services and for people with mental health concerns at Painting Pathways.



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CONNECT WITH US

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Together, we build healthier communities where everyone can thrive.

FoodWise education is funded by the USDA Supplemental Nutrition Assistance Program – SNAP and Expanded Food and Nutrition Education Program – EFNEP. An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements. Please make requests for reasonable accommodations to ensure equal access to educational programs as early as possible preceding the scheduled program, service, or activity. For communicative accommodations in languages other than English, please contact oaic@extension.wisc.edu. For communicative accommodations based on a disability, please contact Heather Lipinski Stelljes at: heather.stelljes@wisc.edu for the public.